

Weekly Newsletter Friday 27th March 2026

# SOUTHVIEW SCHOOL & COLLEGE

## DIARY DATES

Monday 30<sup>th</sup> March - Friday 10<sup>th</sup> April - Easter Holidays  
Monday 13<sup>th</sup> April - Non Pupil Day  
Monday 4<sup>th</sup> May - Bank Holiday  
Monday 25<sup>th</sup> May - Friday 29<sup>th</sup> May - Half Term  
Monday 1<sup>st</sup> June - Non Pupil Day  
Friday 3<sup>rd</sup> July - Non Pupil Day

Please find below the links that were sent out on the email regarding Physical Wellbeing from Anca:

[Zumba Gold Fitness with Michelle Thimas - Beginner's Seated Class - YouTube](#)

[30 minute Wheelchair Zumba Dance workout](#)

[10 minutes wheelchair arm workout | Move with MS - YouTube](#)

[CEREBRAL PALSY EXERCISES- Core Workout on the yoga ball!!!](#)

[Trunk exercises for cerebral palsy. - YouTube](#)



## EASTER RAFFLE WINNERS!



Thank you for all your support, we raised over £150!



Southview School & College  
Conrad Road, Witham, Essex  
CM8 2TA/2SD  
School: 01376 503505  
College: 01376 425372  
Email: [admin@southview.essex.sch.uk](mailto:admin@southview.essex.sch.uk)



# GALAXY COLLEGE NEWS

Our theme this term has been Temperature. We've changed our topic bar to a spring theme and have been making beautiful Easter rabbit baskets to take home as gifts for the holidays. We made paper mache bowls on balloons using lacy doilies. The students felt the textures and the sticky glue. We made pom-pom tails, wrapping wool around the student's hands and feet.



We've been experiencing hot and warm as part of our topic. We have felt the hot water bottle, used the hairdryer, tasted warm melted chocolate and used the foot spas with warm bubbly water. The students have created their own tactile suns, smelling lemon, banana and orange oils to represent the colours they were working with.

We have been enjoying revisiting our Soundabout sessions this term, utilising the vibration boards as a group. This has been a fantastic means of communication, interaction, musical story-telling and turn taking.



To end the term I organised for a Steel Drum band to come in and perform for us as a whole school. This was an amazing performance and an uplifting way to conclude a fabulous Spring Term at Southview!

# SEND EXPERIENCE

On Wednesday morning the students in Phoenix and Griffin class held their first SEND Experience morning for managers and business owners from Witham Town, also attending was Nikki Smith the Town Clerk and the Mayor of Witham Mr Paul Heath.

The morning's aim was to give the visitors activities which gave them a better understanding of what it might feel like to have different disabilities as well as learning some new skills which might help people with disabilities in their shops and businesses.

Some of the activities involved trying out wheelchairs and getting a drink or snack, trying to complete a task when over sensitised and also trying to use your fine motor skills when visually impaired. The visitors were also given a demonstration on different ways people communicate in our school as well as a short lesson on Makaton, which everyone loved and have asked for more!

The general feedback from all the visitors was 'Can we have more of this sort of thing please?' which made our students so very proud of themselves as the activities were all their ideas, as was the organisation of the presentations.

If you can think of another topic you would appreciate the students taking on and thinking about, I am sure they would be up for the challenge!

Lisa Ranfield



This week a few students went to visit Colchester Zoo. They saw lots of animals and even saw some dinosaurs!



# OPEN DAY

AT ACORN VILLAGE

# DAY SERVICES

9TH MAY 11:00 - 14:00

FIND OUT WHAT EXCITING OPPORTUNITIES WE OFFER FOR ADULTS WITH LEARNING DISABILITIES



EXPERIENCE WHEELS FOR ALL BIKE RIDING!



WALLED GARDEN CAFE OPEN FROM 10:00 - 15:00



Fun for everyone!

# Mersea Island Festival

A great escape on the Essex coast!



new challenges



new thrills



new experiences

## Inclusive Summer Activities



friends made



friends reunited

Camp prices include activities,  
meals and accommodation

**Sponsored places available**  
See website for details

**Day places from**  
£44.50 per person

**Week Camp**  
Sunday 23<sup>rd</sup> to  
Friday 28<sup>th</sup> August 2026  
Prices from £329.00 per person

**Weekend Camp**  
Friday 28<sup>th</sup> to  
Monday 31<sup>st</sup> August 2026  
Prices from £198.00 per person

Archery • Zipwire • Circus Skills  
Climbing • Paddle Boarding  
Music Workshops • Swimming  
Speedboat • Fishing • Art Tent  
Kayaking • Pedal Karts  
Band Workshop • Live Music  
Discos • And much more!



For further information or to book  
Telephone: 01206 383226  
Email: [info@merseafestival.org.uk](mailto:info@merseafestival.org.uk)  
Website: [www.merseafestival.org.uk](http://www.merseafestival.org.uk)

