

Weekly Newsletter Friday 9th January 2026

# SOUTHVIEW SCHOOL & COLLEGE

## DIARY DATES

- Friday 13<sup>th</sup> February - Lower School Valentine's Disco
- Monday 16<sup>th</sup> - Friday 20<sup>th</sup> February - Half Term
- Thursday 5<sup>th</sup> March - World Book Day
- Friday 13<sup>th</sup> March - Mother's Day Sale
- Friday 20<sup>th</sup> March - Red Nose Day
- Monday 30<sup>th</sup> March - Friday 10<sup>th</sup> April - Easter Holidays
- Monday 13<sup>th</sup> April - Non Pupil Day
- Monday 4<sup>th</sup> May - Bank Holiday
- Monday 25<sup>th</sup> May - Friday 29<sup>th</sup> May - Half Term
- Monday 1<sup>st</sup> June - Non Pupil Day

HAPPY  
NEW YEAR  
2026

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# GALAXY COLLEGE NEWS



This term our topic is 'Temperature'. We decorated our classroom door last term, which we will keep up for the cold weather this term.

Our classroom topic bar is also on an Arctic theme.

We will be exploring some new stories this term comparing hot and cold, this will include Goldilocks and the Three Bears and the musical Frozen.



We have kicked off the term so far with Music Therapy, Swimming, a Temperature based massage story and a Sound Bath.



# **SATURDAY FAMILY SWIMMING**

**Our Saturday swims are a lovely opportunity for our learners to use our wonderful hydrotherapy pool with their parents or carers. We have trained staff on site to run the sessions and changing areas for the adults to use as well as the children.**

**Sessions will be available on the following dates:**

**January - 24<sup>th</sup> & 31<sup>st</sup>**

**February - 7<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup>**

**March - 7<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup>**

**April - 18<sup>th</sup> & 25<sup>th</sup>**

**May - 9<sup>th</sup> & 23<sup>rd</sup>**

**June - 6<sup>th</sup>, 20<sup>th</sup> & 27<sup>th</sup>**

**July - 4<sup>th</sup>, 11<sup>th</sup> & 18<sup>th</sup>**

**(Sessions are from 10am-12pm)**

**If you are interested in booking a session, please text Sophie on 07563028458.**

**In your message please leave your name, your child's name and which session you would be interested in.**

**Please note that children must have at least a 1:1 ratio in the pool but an adult can also sit on the side.**





NHS

## If you're pregnant or have children under the age of four, you could get help to buy food and milk.

Apply online for NHS Healthy Start.



[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)



@NHSHealthyStart



SCAN ME

# About the scheme

The NHS Healthy Start scheme helps young families and those who are pregnant to access healthy food, milk and vitamins.

The scheme is available in England, Wales and Northern Ireland.

People may be eligible if they have responsibility for at least one child under the age of four or are more than 10 weeks pregnant. Eligibility also depends on the benefit the person receives and what their income is.

People apply for the scheme online and get a prepaid card, which they can use to buy healthy food and milk. They can also get free Healthy Start vitamins.

The prepaid card can be used in most places that sell eligible healthy food and milk items and accept Mastercard®. The card is topped up every four weeks with their payments.

Once on the scheme, people will get:

- £4.25 each week of their pregnancy (from the 10th week of pregnancy)
- £8.50 each week for children from birth to one year old
- £4.25 each week for children between one and four years old

The payments will stop on the child's 4th birthday or if they no longer receive the qualifying benefits.